



NOAA Tide Predictions

SESUIT HARBOR, EAST DENNIS, MA,2022

The NOAA Tide Predictions application provides predictions in both graphical and tabular formats, with many user selected options, for over 3000 stations broken down by key areas in each state. Users can also access stations via the Google map interface. Additional information can be found in the help page.

Station Types: The NOAA Tide Predictions application provides predictions from 2 distinct categories of stations at over 3000 locations:

Harmonic - The predicted height values for Harmonic stations are conducted by combining the harmonic constituents into a single tide curve.

Subordinate - The high and low height values for Subordinate stations are obtained by means and differences, and ratios applied to the full harmonic constant predictions at a specific Harmonic station (a Reference station).

Disclaimer: The official Tide prediction tables are published annually on October 1, for the following calendar year. Tide predictions generated prior to the publishing date of the official tables are subject to change. The predictions from the web based NOAA Tidal Predictions are based upon the latest information available as of the date of your request. Tide predictions generated may differ from the official published predictions if information for the station requested has been updated since the publishing date of the official published tables.



SESUIT HARBOR, EAST DENNIS, MA, 2022
 (41 45.1N / 70 09.3W)

Times and Heights of High and Low Waters

January					February					March				
Time	Height		Time	Height		Time	Height		Time	Height		Time	Height	
h m	ft	cm	h m	ft	cm	h m	ft	cm	h m	ft	cm	h m	ft	cm
1 03:11 AM	-0.1	-3	16 03:49 AM	1.5	46	1 04:44 AM	-0.5	-15	16 04:50 AM	0.9	27	1 03:37 AM	-0.1	-3
09:27 AM	11.7	357	10:05 AM	9.7	296	11:01 AM	11.9	363	11:03 AM	10.1	308	09:55 AM	11.3	344
Sa 03:53 PM	-1.5	-46	Su 04:27 PM	0.4	12	Tu 05:23 PM	-1.6	-49	W 05:21 PM	0.0	0	Tu 04:15 PM	-1.0	-30
10:05 PM	10.0	305	10:39 PM	8.4	256	● 11:36 PM	10.4	317	○ 11:31 PM	9.2	280	10:30 PM	10.2	311
2 04:05 AM	-0.3	-9	17 04:32 AM	1.3	40	2 05:36 AM	-0.7	-21	17 05:31 AM	0.6	18	2 04:31 AM	-0.4	-12
11:21 AM	12.1	369	11:46 AM	9.9	302	11:52 AM	11.8	360	11:43 AM	10.3	314	10:48 AM	11.4	347
Su 04:46 PM	-1.8	-55	M 05:08 PM	0.2	6	W 06:12 PM	-1.6	-49	Th 06:00 PM	-0.2	-6	W 05:04 PM	-1.1	-34
● 10:59 PM	10.2	311	○ 11:18 PM	8.6	262	3 12:25 AM	10.6	323	18 12:09 AM	9.5	290	● 11:18 PM	10.5	320
3 04:58 AM	-0.5	-15	18 05:14 AM	1.2	37	06:27 AM	-0.7	-21	06:13 AM	0.3	9	3 05:21 AM	-0.7	-21
11:14 AM	12.2	372	11:46 AM	10.0	305	12:42 PM	11.6	354	F 12:23 PM	10.4	317	11:36 AM	11.3	344
M 05:39 PM	-2.0	-61	Tu 05:47 PM	0.1	3	06:59 PM	-1.4	-43	F 12:33 PM	10.4	317	Th 05:50 PM	-1.1	-34
11:51 PM	10.4	317	11:57 PM	8.8	268	4 01:13 AM	10.6	323	19 12:49 AM	9.9	302	Th 05:50 PM	-1.1	-34
4 05:51 AM	-0.6	-18	19 05:55 AM	1.0	30	07:17 AM	-0.6	-18	06:56 AM	0.0	0	4 12:03 AM	10.7	326
12:27 PM	12.2	372	12:06 PM	10.1	308	F 01:31 PM	11.1	338	Sa 01:05 PM	10.4	317	06:09 AM	-0.7	-21
Tu 06:30 PM	-1.9	-58	W 06:27 PM	-0.1	-3	07:45 PM	-1.1	-34	07:20 PM	-0.4	-12	12:22 PM	11.1	338
5 12:43 AM	10.5	320	20 12:37 AM	9.0	274	5 02:00 AM	10.5	320	20 01:30 AM	10.2	311	06:33 PM	-0.9	-27
06:44 AM	-0.6	-18	06:36 AM	0.9	27	08:07 AM	-0.4	-12	07:41 AM	-0.2	-6	5 12:46 AM	10.7	326
W 12:59 PM	11.9	363	Th 12:47 PM	10.2	311	Sa 02:19 PM	10.6	323	Su 01:50 PM	10.3	314	06:54 AM	-0.7	-21
07:21 PM	-1.7	-52	07:07 PM	-0.2	-6	08:32 PM	-0.6	-18	08:03 PM	-0.3	-9	Sa 01:07 PM	10.7	326
6 01:35 AM	10.5	320	21 01:17 AM	9.2	280	6 02:47 AM	10.3	314	21 02:14 AM	10.4	317	07:16 PM	-0.5	-15
07:37 AM	-0.5	-15	07:19 AM	0.7	21	08:58 AM	-0.1	-3	08:29 AM	-0.3	-9	6 01:29 AM	10.6	323
Th 01:52 PM	11.5	351	F 01:29 PM	10.2	311	Su 03:09 PM	9.9	302	M 02:38 PM	10.1	308	07:40 AM	-0.4	-12
08:12 PM	-1.3	-40	07:49 PM	-0.2	-6	09:20 PM	0.0	0	08:49 PM	-0.1	-3	Su 01:52 PM	10.2	311
7 02:27 AM	10.4	317	22 01:59 AM	9.4	287	7 03:36 AM	10.0	305	22 03:02 AM	10.5	320	07:59 PM	0.0	0
08:32 AM	-0.2	-6	08:05 AM	0.6	18	09:49 AM	0.3	9	09:21 AM	-0.3	-9	7 02:12 AM	10.4	317
F 02:46 PM	10.9	332	Sa 02:13 PM	10.0	305	M 04:01 PM	9.3	283	Tu 03:30 PM	9.7	296	08:26 AM	-0.1	-3
09:04 PM	-0.8	-24	08:32 PM	-0.1	-3	10:09 PM	0.6	18	09:40 PM	0.2	6	M 02:37 PM	9.6	293
8 03:20 AM	10.2	311	23 02:44 AM	9.6	293	8 04:26 AM	9.7	296	23 03:54 AM	10.5	320	08:44 PM	0.5	15
09:28 AM	0.1	3	08:54 AM	0.5	15	10:42 AM	0.6	18	10:16 AM	-0.3	-9	8 02:57 AM	10.0	305
Sa 03:40 PM	10.2	311	Su 03:02 PM	9.8	299	Tu 04:54 PM	8.7	265	W 04:27 PM	9.4	287	09:14 AM	0.3	9
09:55 PM	-0.3	-9	09:19 PM	0.0	0	● 10:59 PM	1.1	34	● 10:34 PM	0.5	15	Tu 03:25 PM	9.1	277
9 04:14 AM	10.0	305	24 03:31 AM	9.8	299	9 05:18 AM	9.4	287	24 04:50 AM	10.5	320	09:30 PM	1.0	30
10:24 AM	0.4	12	09:45 AM	0.4	12	11:37 AM	0.9	27	11:16 AM	-0.2	-6	9 03:44 AM	9.6	293
Su 04:36 PM	9.6	293	M 03:54 PM	9.6	293	W 05:51 PM	8.2	250	Th 05:28 PM	9.1	277	10:04 AM	0.7	21
● 10:48 PM	0.3	9	10:08 PM	0.2	6	11:53 PM	1.5	46	11:34 PM	0.7	21	W 04:16 PM	8.5	259
10 05:08 AM	9.8	299	25 04:22 AM	10.0	305	10 06:13 AM	9.2	280	25 05:52 AM	10.5	320	10:20 PM	1.5	46
11:21 AM	0.6	18	10:41 AM	0.2	6	12:34 PM	1.1	34	12:19 PM	-0.2	-6	10 04:35 AM	9.3	283
M 05:34 PM	9.0	274	Tu 04:50 PM	9.3	283	Th 06:50 PM	8.0	244	F 06:33 PM	9.0	274	10:57 AM	1.0	30
11:41 PM	0.7	21	● 11:01 PM	0.4	12	11 12:48 AM	1.8	55	26 12:36 AM	0.7	21	Th 05:10 PM	8.1	247
11 06:03 AM	9.6	293	26 05:17 AM	10.2	311	07:08 AM	9.1	277	06:56 AM	10.6	323	● 11:13 PM	1.9	58
12:19 PM	0.8	24	11:39 AM	0.1	3	F 01:31 PM	1.1	34	Sa 01:23 PM	-0.3	-9	11 05:30 AM	9.0	274
Tu 06:33 PM	8.6	262	W 05:50 PM	9.1	277	07:47 PM	7.9	241	07:37 PM	9.1	277	11:53 AM	1.3	40
12 12:34 AM	1.1	34	27 06:15 AM	10.4	317	12 01:42 AM	1.8	55	27 01:39 AM	0.6	18	F 06:08 PM	7.9	241
06:57 AM	9.5	290	12:40 PM	-0.2	-6	08:02 AM	9.2	280	07:59 AM	10.8	329	12 12:09 AM	2.1	64
W 01:15 PM	0.8	24	Th 06:52 PM	9.0	274	Sa 02:24 PM	1.0	30	Su 02:24 PM	-0.5	-15	06:28 AM	8.9	271
07:31 PM	8.4	256	28 12:56 AM	0.5	15	08:40 PM	8.0	244	08:39 PM	9.4	287	Sa 12:51 PM	1.4	43
13 01:27 AM	1.4	43	07:14 AM	10.7	326	13 02:34 AM	1.7	52	28 02:40 AM	0.3	9	07:08 PM	7.9	241
07:49 AM	9.5	290	F 01:41 PM	-0.5	-15	08:52 AM	9.4	287	08:59 AM	11.1	338	13 01:07 AM	2.0	61
Th 02:09 PM	0.8	24	07:53 PM	9.2	280	Su 03:14 PM	0.8	24	M 03:22 PM	-0.8	-24	08:25 AM	9.0	274
08:25 PM	8.3	253	29 01:55 AM	0.4	12	09:28 PM	8.2	250	09:37 PM	9.8	299	Su 02:47 PM	1.2	37
14 02:17 AM	1.5	46	08:13 AM	11.1	338	14 03:22 AM	1.5	46	14 03:01 AM	1.8	55	09:03 PM	8.0	244
08:37 AM	9.6	293	Sa 02:40 PM	-0.9	-27	09:38 AM	9.6	293	09:18 AM	9.2	280	14 03:39 PM	1.0	30
F 02:58 PM	0.7	21	08:53 PM	9.4	287	M 03:59 PM	0.5	15	09:53 PM	8.4	256	09:53 PM	8.4	256
09:13 PM	8.3	253	30 02:53 AM	0.1	3	10:11 PM	8.5	259	15 03:51 AM	1.5	46	28 02:26 AM	0.7	21
15 03:05 AM	1.5	46	09:11 AM	11.4	347	15 04:07 AM	1.2	37	10:07 AM	9.6	293	08:46 AM	10.6	323
09:22 AM	9.6	293	Su 03:37 PM	-1.2	-37	Tu 04:41 PM	0.2	6	Tu 04:25 PM	0.6	18	Sa 01:01 PM	-0.1	-3
Sa 03:44 PM	0.6	18	09:50 PM	9.7	296	10:52 PM	8.8	268	10:38 PM	8.8	268	07:18 PM	9.1	277
09:58 PM	8.3	253	31 03:50 AM	-0.2	-6	31 03:50 AM	-0.2	-6	15 04:25 PM	0.6	18	28 02:26 AM	0.7	21
			10:07 AM	11.7	357	M 04:31 PM	-1.5	-46	10:42 AM	10.8	329	M 03:08 PM	-0.2	-6
			10:45 PM	10.1	308	10:45 PM	10.1	308	11:11 PM	10.4	317	09:26 PM	9.7	296
											29 03:28 AM	0.3	9	
											09:47 AM	10.7	326	
											Tu 04:04 PM	-0.4	-12	
											10:22 PM	10.1	308	
											30 04:24 AM	0.0	0	
											10:42 AM	10.8	329	
											W 04:55 PM	-0.5	-15	
											11:11 PM	10.4	317	
											31 05:16 AM	-0.3	-9	
											11:32 AM	10.8	329	
											Th 05:42 PM	-0.5	-15	
											11:56 PM	10.7	326	



StationId: 8447241
 Source: NOAA/NOS/CO-OPS
 Station Type: Primary
 Time Zone: LST_LDT
 Datum: MLLW

NOAA Tide Predictions

SESUIT HARBOR, EAST DENNIS, MA, 2022
 (41 45.1N / 70 09.3W)

Times and Heights of High and Low Waters

April				May				June			
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm
1 06:03 AM 12:18 PM F 06:24 PM	-0.5 -15 10.7 326 -0.4 -12	16 05:38 AM 11:49 AM Sa 05:57 PM	-0.4 -12 10.5 320 -0.2 -6	1 12:10 AM 06:25 AM Su 12:38 PM 06:36 PM	10.7 326 -0.2 -6 9.8 299 0.7 21	16 05:59 AM 12:11 PM M 06:13 PM	-1.3 -40 10.6 323 -0.2 -6	1 12:59 AM 07:20 AM W 01:32 PM 07:28 PM	10.2 311 0.3 9 8.9 271 1.6 49	16 12:56 AM 07:21 AM Th 01:34 PM 07:34 PM	12.4 378 -1.8 -55 10.6 323 -0.3 -9
2 12:38 AM 06:48 AM Sa 01:01 PM 07:05 PM	10.8 329 -0.6 -18 10.5 320 -0.1 -3	17 12:07 AM 06:23 AM Su 12:34 PM 06:40 PM	11.1 338 -0.9 -27 10.7 326 -0.3 -9	2 12:48 AM 07:05 AM M 01:17 PM 07:15 PM	10.6 323 -0.1 -3 9.6 293 0.9 27	17 12:25 AM 06:48 AM Tu 01:00 PM 07:01 PM	12.1 369 -1.6 -49 10.7 326 -0.3 -9	2 01:39 AM 08:01 AM Th 02:12 PM 08:10 PM	10.1 308 0.4 12 8.8 268 1.7 52	17 01:49 AM 08:14 AM F 02:27 PM 08:29 PM	12.4 378 -1.7 -52 10.6 323 -0.3 -9
3 01:17 AM 07:30 AM Su 01:42 PM 07:45 PM	10.7 326 -0.5 -15 10.1 308 0.2 6	18 12:51 AM 07:09 AM M 01:20 PM 07:25 PM	11.5 351 -1.3 -40 10.7 326 -0.3 -9	3 01:26 AM 07:45 AM Tu 01:57 PM 07:56 PM	10.4 317 0.0 0 9.3 283 1.2 37	18 01:14 AM 07:38 AM W 01:51 PM 07:52 PM	12.3 375 -1.7 -52 10.6 323 -0.2 -6	3 02:21 AM 08:44 AM F 02:55 PM 08:55 PM	10.0 305 0.5 15 8.8 268 1.8 55	18 02:44 AM 09:08 AM Sa 03:23 PM 09:26 PM	12.1 369 -1.4 -43 10.6 323 -0.1 -3
4 01:57 AM 08:55 AM M 02:23 PM 08:26 PM	10.6 323 -0.3 -9 9.8 299 0.6 18	19 01:36 AM 07:57 AM Tu 02:09 PM 08:12 PM	11.8 360 -1.5 -46 10.6 323 -0.2 -6	4 02:06 AM 08:26 AM W 02:38 PM 08:38 PM	10.2 311 0.2 6 9.1 277 1.5 46	19 02:05 AM 08:31 AM Th 02:44 PM 08:46 PM	12.2 372 -1.6 -49 10.5 320 -0.1 -3	4 03:05 AM 09:29 AM Sa 03:41 PM 09:42 PM	9.8 299 0.4 21 8.7 265 1.9 58	19 03:41 AM 10:03 AM Su 04:20 PM 10:25 PM	11.6 354 -1.1 -49 10.5 320 0.1 3
5 02:37 AM 09:30 AM Tu 03:06 PM 09:09 PM	10.3 314 0.0 0 9.3 283 1.0 30	20 02:24 AM 08:48 AM W 03:00 PM 09:03 PM	11.8 360 -1.4 -43 10.4 317 0.0 0	5 02:48 AM 09:10 AM Th 03:22 PM 09:23 PM	10.0 305 0.5 15 8.8 268 1.7 52	20 03:00 AM 09:26 AM F 03:40 PM 09:43 PM	12.0 366 -1.3 -40 10.3 314 0.2 6	5 03:52 AM 10:16 AM Su 04:29 PM 10:33 PM	9.6 293 0.4 24 8.7 265 1.9 58	20 04:39 AM 10:59 AM M 05:17 PM 11:25 PM	11.1 338 -0.6 -48 10.4 317 0.3 9
6 03:20 AM 09:40 AM W 03:52 PM 09:55 PM	10.0 305 0.4 12 8.9 271 1.4 43	21 03:16 AM 09:42 AM Th 03:55 PM 09:59 PM	11.7 357 -1.1 -43 10.1 308 0.3 9	6 03:33 AM 09:57 AM F 04:10 PM 10:12 PM	9.7 296 0.8 24 8.6 262 2.0 61	21 03:58 AM 10:23 AM Sa 04:39 PM 10:43 PM	11.6 354 -1.0 -30 10.1 308 0.4 12	6 04:42 AM 11:05 AM M 05:19 PM 11:25 PM	9.4 287 0.9 27 8.8 268 1.9 58	21 05:39 AM 11:55 AM Tu 06:16 PM	10.5 320 -0.2 -6 10.4 317
7 04:06 AM 10:29 AM Th 04:41 PM 10:44 PM	9.6 293 0.8 24 8.5 259 1.8 55	22 04:13 AM 10:40 AM F 04:54 PM 10:59 PM	11.3 344 -0.8 -24 9.8 299 0.6 18	7 04:23 AM 10:47 AM Sa 05:01 PM 11:04 PM	9.4 287 1.0 30 8.4 256 2.1 64	22 04:58 AM 11:22 AM Su 05:40 PM 11:46 PM	11.1 338 -0.6 -18 10.0 305 0.6 18	7 05:34 AM 11:55 AM Tu 06:10 PM	9.3 283 1.0 30 9.0 274	22 12:26 AM 06:41 AM W 12:51 PM 07:14 PM	0.5 15 10.0 305 0.3 9 10.3 314
8 04:57 AM 11:20 AM F 05:34 PM 11:37 PM	9.3 283 1.1 34 8.2 250 2.1 64	23 05:14 AM 11:41 AM Sa 05:57 PM	11.0 335 -0.4 -12 9.6 293	8 05:15 AM 11:40 AM Su 05:54 PM 11:58 PM	9.2 280 1.2 37 8.4 256 2.1 64	23 06:01 AM 12:22 PM M 06:43 PM	10.6 323 -0.2 -6 10.1 308	8 12:19 AM 06:28 AM W 12:46 PM 07:02 PM	1.7 52 0.2 280 1.0 30 9.3 283	23 01:27 AM 07:43 AM Th 01:47 PM 08:11 PM	0.5 15 9.5 290 0.6 18 10.3 314
9 05:51 AM 12:15 PM Sa 06:30 PM	9.0 274 1.3 40 8.0 244	24 12:02 AM 06:19 AM Su 12:43 PM 07:03 PM	0.8 24 10.6 323 -0.2 -6 9.6 293	9 06:10 AM 12:33 PM M 06:49 PM	9.1 277 1.2 37 8.5 259	24 12:50 AM 07:06 AM Tu 01:22 PM 07:45 PM	0.6 18 10.3 314 0.1 3 10.2 311	9 01:14 AM 07:24 AM Th 01:37 PM 07:53 PM	1.3 40 0.2 280 0.9 27 9.8 299	24 02:26 AM 08:42 AM F 02:40 PM 09:03 PM	0.6 18 9.3 283 1.0 30 10.3 314
10 12:33 AM 06:48 AM Su 01:12 PM 07:28 PM	2.2 67 8.9 271 1.4 43 8.1 247	25 01:07 AM 07:26 AM M 01:47 PM 08:08 PM	0.8 24 10.4 317 0.0 0 9.8 299	10 12:55 AM 07:07 AM Tu 01:26 PM 07:43 PM	2.0 61 9.1 277 1.2 37 8.8 268	25 01:53 AM 08:10 AM W 02:19 PM 08:43 PM	0.6 18 10.0 305 0.3 9 10.4 317	10 02:09 AM 08:19 AM F 02:28 PM 08:43 PM	0.8 24 9.4 287 0.8 24 10.4 317	25 03:20 AM 09:37 AM Sa 03:30 PM 09:51 PM	0.5 15 9.1 277 1.2 37 10.2 311
11 01:31 AM 07:46 AM M 02:08 PM 08:24 PM	2.1 64 9.0 274 1.3 40 8.4 256	26 02:12 AM 08:31 AM Tu 02:46 PM 09:08 PM	0.6 18 10.3 314 0.0 0 10.1 308	11 01:50 AM 08:02 AM W 02:18 PM 08:33 PM	1.7 52 9.2 280 1.0 30 9.3 283	26 02:53 AM 09:10 AM Th 03:12 PM 09:34 PM	0.4 12 9.8 299 0.5 15 10.5 320	11 03:02 AM 09:13 AM Sa 03:18 PM 09:32 PM	0.2 6 9.6 293 0.6 18 10.9 332	26 04:10 AM 10:26 AM Su 04:16 PM 10:35 PM	0.5 15 8.9 271 1.4 43 10.2 311
12 02:26 AM 08:41 AM Tu 03:00 PM 09:14 PM	1.8 55 9.2 280 1.0 30 8.8 268	27 03:13 AM 09:31 AM W 03:41 PM 10:01 PM	0.4 12 10.3 314 0.0 0 10.4 317	12 02:44 AM 08:55 AM Th 03:07 PM 09:21 PM	1.2 37 9.5 290 0.8 24 9.9 302	27 03:47 AM 10:03 AM F 04:01 PM 10:21 PM	0.3 9 9.7 296 0.7 21 10.6 323	12 03:54 AM 10:05 AM Su 04:08 PM 10:22 PM	-0.4 -12 9.9 302 0.3 9 11.5 351	27 04:55 AM 11:10 AM M 05:00 PM 11:16 PM	0.5 15 8.8 268 1.5 46 10.1 308
13 03:18 AM 09:32 AM W 03:47 PM 10:00 PM	1.4 43 9.5 290 0.7 21 9.3 283	28 04:08 AM 10:25 AM Th 04:30 PM 10:48 PM	0.1 3 10.3 314 0.1 3 10.6 323	13 03:34 AM 09:45 AM F 03:54 PM 10:06 PM	0.5 15 9.8 299 0.5 15 10.5 320	28 04:36 AM 10:52 AM Sa 04:46 PM 11:03 PM	0.2 6 9.5 290 0.9 27 10.5 320	13 04:46 AM 10:57 AM M 04:58 PM 11:12 PM	-1.0 -30 10.1 308 0.1 3 12.0 366	28 05:37 AM 11:51 AM Tu 05:42 PM 11:56 PM	0.5 15 8.7 265 1.6 49 10.1 308
14 04:07 AM 10:19 AM Th 04:32 PM 10:43 PM	0.8 24 9.9 302 0.4 12 9.9 302	29 04:58 AM 11:14 AM F 05:15 PM 11:31 PM	-0.1 -3 10.2 311 0.2 6 10.7 326	14 04:23 AM 10:34 AM Sa 04:40 PM 10:52 PM	-0.1 -3 10.1 308 0.2 6 11.1 338	29 05:20 AM 11:35 AM Su 05:28 PM 11:42 PM	0.1 3 9.3 283 1.1 34 10.4 317	14 05:38 AM 11:49 AM Tu 05:49 PM	-1.4 -43 10.4 317 -0.1 -3	29 06:17 AM 12:30 PM W 06:23 PM	0.5 15 8.7 265 1.6 49
15 04:53 AM 11:05 AM F 05:15 PM 11:25 PM	0.2 6 10.2 311 0.1 3 10.5 320	30 05:43 AM 11:57 AM Sa 05:56 PM	-0.2 -6 10.0 305 0.4 12	15 05:11 AM 11:22 AM Su 05:26 PM 11:38 PM	-0.8 -24 10.4 317 0.0 0 11.7 357	30 06:01 AM 12:15 PM M 06:08 PM	0.1 3 9.2 280 1.3 40	15 12:04 AM 06:29 AM W 12:41 PM 06:41 PM	12.3 375 -1.7 -52 10.5 320 -0.3 -9	30 12:36 AM 06:57 AM Th 01:09 PM 07:04 PM	10.1 308 0.4 12 8.8 268 1.6 49
						31 12:21 AM 06:41 AM Tu 12:53 PM 06:48 PM	10.3 314 0.2 6 9.1 277 1.4 43				

Disclaimer: These data are based upon the latest information available as of the date of your request, and may differ from the published tide tables.



SESUIT HARBOR, EAST DENNIS, MA, 2022
 (41 45.1N / 70 09.3W)

Times and Heights of High and Low Waters

July				August				September			
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm
1 01:16 AM 10.1 308	07:37 AM 0.4 12	16 01:33 AM 12.3 375	07:55 AM -1.7 -52	1 02:13 AM 10.2 311	08:31 AM 0.2 6	16 02:57 AM 11.1 338	09:09 AM -0.7 -21	1 03:15 AM 10.0 305	09:25 AM 0.4 12	16 04:08 AM 9.4 287	10:12 AM 1.0 30
F 01:48 PM 8.8 268	07:46 PM 1.6 49	Sa 02:09 PM 10.8 329	08:12 PM -0.6 -18	M 02:41 PM 9.5 290	08:47 PM 0.9 27	Tu 03:24 PM 10.9 332	09:36 PM -0.3 -9	Th 03:36 PM 10.5 320	09:55 PM 0.0 0	F 04:26 PM 10.0 305	10:47 PM 0.6 18
2 01:56 AM 10.1 308	08:18 AM 0.4 12	17 02:27 AM 12.0 366	08:38 AM -1.4 -43	2 02:55 AM 10.0 305	09:13 AM 0.3 9	17 03:48 AM 10.5 320	09:58 AM -0.1 -3	2 04:04 AM 9.7 296	10:13 AM 0.6 18	17 05:00 AM 8.8 268	11:03 AM 1.6 49
Sa 02:29 PM 8.9 271	08:29 PM 1.5 46	Su 03:01 PM 10.9 332	09:07 PM -0.4 -12	Tu 03:23 PM 9.7 296	09:33 PM 0.8 24	W 04:14 PM 10.6 323	10:28 PM 0.1 3	F 04:26 PM 10.5 320	10:49 PM 0.1 3	Sa 05:18 PM 9.6 293	11:40 PM 1.0 30
3 02:38 AM 10.0 305	09:01 AM 0.5 15	18 03:20 AM 11.5 351	09:38 AM -1.0 -30	3 03:41 AM 9.9 302	09:57 AM 0.4 12	18 04:41 AM 9.8 299	10:48 AM 0.5 15	3 04:59 AM 9.4 287	11:06 AM 0.8 24	18 05:55 AM 8.4 256	11:57 AM 1.9 58
Su 03:12 PM 9.0 274	09:14 PM 1.5 46	M 03:54 PM 10.8 329	10:03 PM -0.2 -6	W 04:08 PM 9.9 302	10:22 PM 0.7 21	Th 05:05 PM 10.3 314	11:22 PM 0.5 15	Sa 05:20 PM 10.5 320	11:46 PM 0.1 3	Su 06:14 PM 9.3 283	
4 03:23 AM 9.8 299	09:45 AM 0.5 15	19 04:16 AM 10.8 329	10:30 AM -0.5 -15	4 04:30 AM 9.6 293	11:34 AM 0.6 18	19 05:35 AM 9.2 280	11:40 AM 1.1 34	4 05:58 AM 9.2 280	12:03 PM 1.0 30	19 12:37 AM 1.3 40	06:54 AM 8.2 250
M 03:57 PM 9.1 277	10:02 PM 1.4 43	Tu 04:48 PM 10.6 323	10:59 PM 0.1 3	Th 04:57 PM 10.0 305	11:15 PM 0.6 18	F 05:58 PM 9.9 302		Su 06:20 PM 10.5 320		M 12:54 PM 2.2 67	07:13 PM 9.1 277
5 04:10 AM 9.7 296	10:11 AM 0.6 18	20 05:12 AM 10.2 311	11:23 AM 0.1 3	5 05:23 AM 9.4 287	11:34 AM 0.8 24	20 12:18 AM 0.8 24	06:33 AM 8.7 265	5 12:47 AM 0.1 3	07:00 AM 9.1 277	20 01:35 AM 1.4 43	07:54 AM 8.1 247
Tu 04:43 PM 9.3 283	10:53 PM 1.3 40	W 05:43 PM 10.4 317	11:56 PM 0.4 12	F 05:49 PM 10.2 311		Sa 12:34 PM 1.6 49	06:54 PM 9.6 293	M 01:04 PM 1.0 30	07:23 PM 10.6 323	Tu 01:51 PM 2.1 64	08:11 PM 9.2 280
6 05:00 AM 9.5 290	11:18 AM 0.9 27	21 06:10 AM 9.6 293	12:16 PM 0.6 18	6 12:11 AM 0.4 12	06:20 AM 9.2 280	21 01:15 AM 1.1 34	07:32 AM 8.4 256	6 01:50 AM 0.0 0	08:04 AM 9.2 280	21 02:32 AM 1.4 43	08:49 AM 8.3 253
W 05:32 PM 9.5 290	11:45 PM 1.1 34	Th 06:38 PM 10.2 311		Sa 12:28 PM 0.9 27	06:44 PM 10.4 317	Su 01:30 PM 1.9 58	07:51 PM 9.4 287	Tu 02:07 PM 0.8 24	08:26 PM 10.9 332	W 02:46 PM 1.9 58	09:05 PM 9.4 287
7 05:53 AM 9.3 283	12:08 PM 0.8 24	22 12:55 AM 0.6 18	07:09 AM 9.1 277	7 01:09 AM 0.2 6	07:21 AM 9.1 277	22 02:13 AM 1.2 37	08:31 AM 8.2 250	7 02:52 AM -0.3 -9	09:06 AM 9.5 290	22 03:23 AM 1.1 34	09:39 AM 8.6 262
Th 06:23 PM 9.8 299		F 01:11 PM 1.1 34	07:34 PM 10.0 305	Su 01:25 PM 0.9 27	07:43 PM 10.7 326	M 02:25 PM 2.0 61	08:47 PM 9.4 287	W 03:09 PM 0.5 15	09:27 PM 11.2 341	Th 03:37 PM 1.6 49	09:53 PM 9.6 293
8 12:40 AM 0.9 27	06:49 AM 9.2 280	23 01:53 AM 0.8 24	08:09 AM 8.7 265	8 02:10 AM 0.0 0	08:22 AM 9.2 280	23 03:08 AM 1.2 37	09:26 AM 8.3 253	8 03:50 AM -0.6 -18	10:04 AM 10.0 305	23 04:09 AM 0.9 27	10:22 AM 9.0 274
F 01:00 PM 0.9 27	07:16 PM 10.2 311	Sa 02:05 PM 1.4 43	08:28 PM 9.9 302	M 02:24 PM 0.8 24	08:42 PM 11.0 335	Tu 03:18 PM 1.9 58	09:38 PM 9.6 293	Th 04:07 PM 0.0 0	10:24 PM 11.5 351	F 04:23 PM 1.2 37	10:37 PM 9.9 302
9 01:37 AM 0.5 15	07:47 AM 9.2 280	24 02:49 AM 0.9 27	09:06 AM 8.6 262	9 03:09 AM -0.4 -12	09:21 AM 9.5 290	24 03:58 AM 1.0 30	10:14 AM 8.4 256	9 04:45 AM -0.9 -27	10:58 AM 10.5 320	24 04:51 AM 0.6 18	11:03 AM 9.4 287
Sa 01:53 PM 0.8 24	08:10 PM 10.6 323	Su 02:58 PM 1.6 49	09:34 PM 9.8 299	Tu 03:23 PM 0.5 15	09:41 PM 11.4 347	W 04:07 PM 1.7 52	10:24 PM 9.7 296	F 05:02 PM -0.4 -12	11:19 PM 11.7 357	Sa 05:07 PM 0.8 24	11:19 PM 10.1 308
10 02:34 AM 0.0 0	08:44 AM 9.4 287	25 03:40 AM 0.9 27	09:57 AM 8.5 259	10 04:07 AM -0.8 -24	10:19 AM 9.8 299	25 04:43 AM 0.8 24	10:57 AM 8.7 265	10 05:35 AM -1.1 -34	11:49 AM 10.9 332	25 05:31 AM 0.4 12	11:41 AM 9.8 299
Su 02:48 PM 0.7 21	09:04 PM 11.1 338	M 03:47 PM 1.7 52	10:07 PM 9.8 299	W 04:20 PM 0.1 3	10:37 PM 11.8 360	Th 04:52 PM 1.5 46	11:07 PM 9.9 302	Sa 05:54 PM -0.8 -24		Su 05:48 PM 0.4 12	11:59 PM 10.3 314
11 03:30 AM -0.5 -15	09:41 AM 9.6 293	26 04:28 AM 0.8 24	10:44 AM 8.5 259	11 05:02 AM -1.2 -37	11:14 AM 10.2 311	26 05:25 AM 0.6 18	11:36 AM 9.0 274	11 12:10 AM 11.7 357	06:23 AM -1.1 -34	26 06:10 AM 0.2 6	12:19 PM 10.3 314
M 03:42 PM 0.4 12	09:58 PM 11.6 354	Tu 04:34 PM 1.7 52	10:51 PM 9.9 302	Th 05:15 PM -0.3 -9	11:32 PM 12.1 369	F 05:34 PM 1.2 37	11:48 PM 10.1 308	Su 12:36 PM 11.2 341	06:44 PM -0.9 -27	M 06:29 PM 0.0 0	
12 04:25 AM -1.0 -30	10:36 AM 9.9 302	27 05:12 AM 0.7 21	11:26 AM 8.6 262	12 05:55 AM -1.4 -43	12:07 PM 10.6 323	27 06:04 AM 0.4 12	12:14 PM 9.3 283	12 12:58 AM 11.5 351	07:08 AM -0.9 -27	27 12:40 AM 10.4 317	06:49 AM 0.1 3
Tu 04:36 PM 0.1 3	10:53 PM 12.0 366	W 05:17 PM 1.6 49	11:33 PM 10.0 305	F 06:09 PM -0.6 -18		Sa 06:15 PM 0.9 27		M 01:21 PM 11.3 344	07:31 PM -0.9 -27	Tu 12:58 PM 10.6 323	07:11 PM -0.3 -9
13 05:19 AM -1.4 -43	11:31 AM 10.2 311	28 05:53 AM 0.6 18	12:05 PM 8.7 265	13 12:25 AM 12.1 369	06:45 AM -1.5 -46	28 12:27 AM 10.2 311	06:42 AM 0.2 6	13 01:45 AM 11.1 338	07:53 AM -0.6 -18	28 01:21 AM 10.4 317	07:29 AM 0.1 3
W 05:31 PM -0.2 -6	11:47 PM 12.3 375	Th 05:59 PM 1.5 46		Sa 12:58 PM 10.9 332	07:01 PM -0.8 -24	Su 12:52 PM 9.6 293	06:56 PM 0.6 18	Tu 02:06 PM 11.2 341	08:19 PM -0.7 -21	W 01:38 PM 10.9 332	07:55 PM -0.5 -15
14 06:12 AM -1.6 -49	12:24 PM 10.5 320	29 12:13 AM 10.1 308	06:33 AM 0.4 12	14 01:16 AM 12.0 366	07:33 AM -1.4 -43	29 01:06 AM 10.3 314	07:21 AM 0.1 3	14 02:31 AM 10.6 323	08:38 AM -0.1 -3	29 02:05 AM 10.3 314	08:11 AM 0.2 6
Th 06:24 PM -0.4 -12		F 12:43 PM 8.9 271	06:40 PM 1.3 40	Su 01:47 PM 11.1 338	07:53 PM -0.8 -24	M 01:30 PM 9.9 302	07:37 PM 0.4 12	W 02:51 PM 10.9 332	09:06 PM -0.3 -9	Th 02:21 PM 11.0 335	08:41 PM -0.6 -18
15 12:40 AM 12.4 378	07:04 AM -1.7 -52	30 12:52 AM 10.2 311	07:12 AM 0.3 9	15 02:07 AM 11.6 354	08:21 AM -1.1 -34	30 01:47 AM 10.3 314	08:00 AM 0.1 3	15 03:19 AM 10.0 305	09:24 AM 0.5 15	30 02:52 AM 10.1 308	08:58 AM 0.3 9
F 01:17 PM 10.7 326	07:18 PM -0.6 -18	Sa 01:22 PM 9.1 277	07:21 PM 1.2 37	M 02:35 PM 11.1 338	08:44 PM -0.6 -18	Tu 02:09 PM 10.2 311	08:20 PM 0.2 6	Th 03:37 PM 10.5 320	09:55 PM 0.1 3	F 03:09 PM 11.0 335	09:32 PM -0.5 -15
		31 01:32 AM 10.2 311	07:51 AM 0.2 6			31 02:29 AM 10.2 311	08:41 AM 0.2 6				
		Su 02:01 PM 9.3 283	08:03 PM 1.0 30			W 02:51 PM 10.4 317	09:06 PM 0.1 3				

Disclaimer: These data are based upon the latest information available as of the date of your request, and may differ from the published tide tables.



SESUIT HARBOR, EAST DENNIS, MA, 2022
 (41 45.1N / 70 09.3W)

Times and Heights of High and Low Waters

October				November				December			
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm
1 03:43 AM	9.8 299	16 04:25 AM	8.6 262	1 05:24 AM	9.6 293	16 04:37 AM	8.3 253	1 05:09 AM	10.0 305	16 04:50 AM	8.8 268
09:48 AM	0.6 18	10:28 AM	1.9 58	11:29 AM	0.8 24	10:41 AM	2.1 64	11:17 AM	0.4 12	10:59 AM	1.6 49
Sa 04:01 PM	10.9 332	Su 04:40 PM	9.4 287	Tu 05:45 PM	10.7 326	W 04:53 PM	9.0 274	Th 05:32 PM	10.3 314	F 05:08 PM	8.9 271
10:27 PM	-0.3 -9	11:04 PM	1.1 34	●		● 11:15 PM	1.2 37	11:49 PM	-0.2 -6	● 11:25 PM	1.0 30
2 04:39 AM	9.5 290	17 05:19 AM	8.3 253	2 12:11 AM	-0.2 -6	17 05:32 AM	8.4 256	2 06:11 AM	10.2 311	17 05:41 AM	9.0 274
10:44 AM	0.8 24	11:21 AM	2.1 64	06:29 AM	9.6 293	11:37 AM	2.0 61	12:21 PM	0.3 9	11:54 AM	1.4 43
Su 04:59 PM	10.7 326	M 05:35 PM	9.1 277	W 12:34 PM	0.8 24	Th 05:49 PM	8.9 271	F 06:37 PM	10.0 305	Sa 06:03 PM	8.8 268
11:26 PM	-0.1 -3	● 11:59 PM	1.3 40	06:51 PM	10.5 320						
3 05:40 AM	9.3 283	18 06:15 AM	8.2 250	3 01:13 AM	-0.1 -3	18 12:08 AM	1.2 37	3 12:48 AM	0.0 0	18 12:16 AM	1.0 30
11:45 AM	1.0 30	12:18 PM	2.3 70	07:33 AM	9.8 299	06:26 AM	8.7 265	07:11 AM	10.4 317	06:32 AM	9.4 287
M 06:01 PM	10.6 323	Tu 06:33 PM	9.0 274	Th 01:40 PM	0.6 18	F 12:33 PM	1.7 52	Sa 01:24 PM	0.1 3	Su 12:48 AM	1.0 30
●				07:57 PM	10.4 317	06:45 PM	9.0 274	07:40 PM	9.8 299	12:58 PM	8.9 271
4 12:29 AM	0.0 0	19 12:56 AM	1.4 43	4 02:14 AM	-0.1 -3	19 01:00 AM	1.1 34	4 01:44 AM	0.2 6	19 01:06 AM	0.9 27
06:44 AM	9.2 280	07:14 AM	8.2 250	08:30 AM	10.2 311	07:16 AM	9.1 277	08:06 AM	10.6 323	07:22 AM	9.8 299
Tu 12:49 PM	1.0 30	W 01:15 PM	2.2 67	F 02:42 PM	0.2 6	Sa 01:27 PM	1.3 40	Su 02:21 PM	-0.1 -3	M 01:41 PM	0.5 15
07:07 PM	10.6 323	07:31 PM	9.0 274	08:59 PM	10.4 317	07:37 PM	9.1 277	08:37 PM	9.7 296	07:51 PM	9.0 274
5 01:33 AM	0.0 0	20 01:51 AM	1.4 43	5 03:10 AM	-0.2 -6	20 01:48 AM	0.9 27	5 02:36 AM	0.4 12	20 01:56 AM	0.8 24
07:50 AM	9.4 287	08:09 AM	8.5 259	08:29 AM	10.6 323	08:03 AM	9.7 296	08:56 AM	10.7 326	08:11 AM	10.4 317
W 01:54 PM	0.8 24	Th 02:11 PM	1.9 58	Sa 03:40 PM	-0.1 -3	Su 02:17 PM	0.7 21	M 03:13 PM	-0.2 -6	Tu 02:33 PM	-0.1 -3
08:12 PM	10.7 326	08:26 PM	9.2 280	09:56 PM	10.4 317	08:27 PM	9.4 287	09:29 PM	9.5 290	08:43 PM	9.3 283
6 02:35 AM	-0.2 -6	21 02:43 AM	1.2 37	6 03:02 AM	-0.1 -3	21 02:34 AM	0.7 21	6 03:24 AM	0.6 18	21 02:46 AM	0.5 15
08:52 AM	9.8 299	08:59 AM	8.9 271	09:20 AM	10.9 332	08:48 AM	10.2 311	09:42 AM	10.7 326	09:00 AM	10.9 332
Th 02:56 PM	0.4 12	F 03:03 PM	1.5 46	Su 03:32 PM	-0.4 -12	M 03:04 PM	0.1 3	Tu 04:01 PM	-0.3 -9	W 03:24 PM	-0.7 -21
09:14 PM	10.9 332	09:17 PM	9.4 287	09:48 PM	10.3 314	09:15 PM	9.6 293	10:16 PM	9.4 287	09:34 PM	9.6 293
7 03:32 AM	-0.4 -12	22 03:30 AM	0.9 27	7 03:49 AM	0.0 0	22 03:19 AM	0.5 15	7 04:09 AM	0.8 24	22 03:35 AM	0.2 6
09:49 AM	10.3 314	09:44 AM	9.4 287	10:06 AM	11.1 338	09:31 AM	10.8 329	10:25 AM	10.6 323	09:49 AM	11.4 347
F 03:54 PM	-0.1 -3	Sa 03:51 PM	1.0 30	M 04:20 PM	-0.6 -18	Tu 03:51 PM	-0.5 -15	W 04:44 PM	-0.2 -6	Th 04:14 PM	-1.2 -37
10:11 PM	11.0 335	10:03 PM	9.7 296	10:35 PM	10.2 311	10:01 PM	9.9 302	10:59 PM	9.2 280	10:25 PM	9.9 302
8 04:25 AM	-0.6 -18	23 04:14 AM	0.6 18	8 04:34 AM	0.2 6	23 04:04 AM	0.2 6	8 04:51 AM	1.0 30	23 04:25 AM	-0.1 -3
10:41 AM	10.8 329	10:26 AM	9.9 302	11:12 AM	11.1 338	10:16 AM	11.3 344	11:05 AM	10.5 320	10:39 AM	11.9 363
Sa 04:48 PM	-0.5 -15	Su 04:36 PM	0.4 12	Tu 05:04 PM	-0.6 -18	W 04:37 PM	-1.0 -30	Th 05:25 PM	-0.1 -3	F 05:05 PM	-1.6 -49
11:04 PM	11.1 338	10:47 PM	9.9 302	11:18 PM	10.0 305	● 10:48 PM	10.1 308	● 11:39 PM	9.1 277	● 11:16 PM	10.1 308
9 05:13 AM	-0.6 -18	24 04:55 AM	0.4 12	9 05:16 AM	0.4 12	24 04:49 AM	0.0 0	9 05:32 AM	1.1 34	24 05:16 AM	-0.3 -9
11:28 AM	11.1 338	11:06 AM	10.4 317	11:29 AM	10.9 332	11:01 AM	11.7 357	11:44 AM	10.3 314	11:30 AM	12.1 369
Su 05:38 PM	-0.7 -21	M 05:20 PM	-0.1 -3	W 05:46 PM	-0.5 -15	Th 05:24 PM	-1.4 -43	F 06:05 PM	0.0 0	Sa 05:55 PM	-1.9 -58
○ 11:53 PM	11.0 335	11:30 PM	10.2 311	11:59 PM	9.7 296	11:35 PM	10.3 314				
10 05:59 AM	-0.5 -15	25 05:36 AM	0.2 6	10 05:57 AM	0.7 21	25 05:36 AM	-0.1 -3	10 12:18 AM	8.9 271	25 12:07 AM	10.3 314
12:12 PM	11.3 344	11:46 AM	10.9 332	12:08 PM	10.7 326	11:48 AM	11.9 363	06:13 AM	1.3 40	06:07 AM	-0.5 -15
M 06:24 PM	-0.8 -24	Tu 06:03 PM	-0.6 -18	Th 06:28 PM	-0.3 -9	F 06:13 PM	-1.6 -49	Sa 12:24 PM	10.1 308	Su 12:22 PM	12.2 372
		●						06:46 PM	0.1 3	06:46 PM	-1.9 -58
11 12:38 AM	10.8 329	26 12:13 AM	10.3 314	11 12:40 AM	9.4 287	26 12:24 AM	10.3 314	11 12:57 AM	8.8 268	26 12:59 AM	10.5 320
06:42 AM	-0.3 -9	06:18 AM	0.1 3	06:38 AM	1.0 30	06:25 AM	-0.1 -3	06:54 AM	1.4 43	07:01 AM	-0.6 -18
Tu 12:55 PM	11.2 341	W 12:28 PM	11.3 344	F 12:49 PM	10.4 317	Sa 12:38 PM	12.0 366	Su 01:05 PM	10.0 305	M 01:15 PM	12.1 369
07:09 PM	-0.8 -24	06:47 PM	-0.9 -27	07:10 PM	0.0 0	07:03 PM	-1.6 -49	07:28 PM	0.3 9	07:39 PM	-1.8 -55
12 01:22 AM	10.4 317	27 12:57 AM	10.4 317	12 01:22 AM	9.1 277	27 01:15 AM	10.3 314	12 01:39 AM	8.7 265	27 01:52 AM	10.5 320
07:24 AM	0.1 3	07:01 AM	0.0 0	07:20 AM	1.4 43	07:17 AM	-0.1 -3	07:38 AM	1.5 46	07:56 AM	-0.5 -15
W 01:36 PM	11.0 335	Th 01:11 PM	11.5 351	Sa 01:31 PM	10.1 308	Su 01:30 PM	11.9 363	M 01:48 PM	9.7 296	Tu 02:10 PM	11.7 357
07:53 PM	-0.5 -15	07:32 PM	-1.1 -34	07:54 PM	0.3 9	07:56 PM	-1.4 -43	08:12 PM	0.5 15	08:33 PM	-1.5 -46
13 02:05 AM	10.0 305	28 01:43 AM	10.3 314	13 02:06 AM	8.8 268	28 02:09 AM	10.2 311	13 02:24 AM	8.6 262	28 02:48 AM	10.5 320
08:07 AM	0.5 15	07:46 AM	0.1 3	08:06 AM	1.6 49	08:12 AM	0.1 3	08:25 AM	1.6 49	08:54 AM	-0.4 -12
Th 02:18 PM	10.7 326	F 01:57 PM	11.6 354	Su 02:17 PM	9.7 296	M 02:26 PM	11.6 354	Tu 02:34 PM	9.5 290	W 03:08 PM	11.2 341
08:37 PM	-0.2 -6	08:21 PM	-1.2 -37	08:41 PM	0.7 21	08:52 PM	-1.1 -34	08:58 PM	0.6 18	09:28 PM	-1.1 -34
14 02:49 AM	9.5 290	29 02:32 AM	10.2 311	14 02:53 AM	8.5 259	29 03:07 AM	10.0 305	14 03:11 AM	8.6 262	29 03:45 AM	10.5 320
08:51 AM	1.0 30	08:35 AM	0.2 6	08:55 AM	1.9 58	09:11 AM	0.2 6	09:14 AM	1.7 52	09:54 AM	-0.2 -6
F 03:02 PM	10.3 314	Sa 02:47 PM	11.5 351	M 03:06 PM	9.4 287	Tu 03:26 PM	11.1 338	W 03:23 PM	9.3 283	Th 04:07 PM	10.6 323
09:23 PM	0.3 9	09:13 PM	-1.0 -30	09:30 PM	0.9 27	09:50 PM	-0.8 -24	09:46 PM	0.8 24	10:24 PM	-0.6 -18
15 03:36 AM	9.1 277	30 03:25 AM	9.9 302	15 03:44 AM	8.4 256	30 04:07 AM	10.0 305	15 03:59 AM	8.6 262	30 04:43 AM	10.4 317
09:37 AM	1.5 46	09:29 AM	0.4 12	09:47 AM	2.1 64	10:13 AM	0.4 12	10:06 AM	1.7 52	10:55 AM	0.0 0
Sa 03:49 PM	9.8 299	Su 03:42 PM	11.3 344	Tu 03:58 PM	9.1 277	W 04:28 PM	10.7 326	Th 04:14 PM	9.0 274	F 05:08 PM	10.0 305
10:12 PM	0.7 21	10:09 PM	-0.7 -21	10:22 PM	1.1 34	● 10:49 PM	-0.5 -15	10:35 PM	0.9 27	● 11:20 PM	-0.2 -6
		31 04:23 AM	9.7 296							31 05:42 AM	10.3 314
		10:27 AM	0.7 21							11:57 AM	0.1 3
		M 04:42 PM	11.0 335							Sa 06:12 PM	9.5 290
		11:09 PM	-0.4 -12								